

For our help
or more information
contact:

**Lynne Cain—Advice & Guidance
Officer**

E: L.cain@apextrust.com

M: **07717 333632**

Apex Charitable Trust

Suite 2, First Floor

Century House

Hardshaw Street, St Helens

Merseyside

WA10 1QU

Phone: 01744 612898

Email: sthelens@apextrust.com

Web: www.apextrust.com

Office Hours:

Monday – Thursday 9.00am – 5.00pm

Friday 9.00am- 4.00pm (except bank holidays)

Apex Charitable Trust Ltd. Charity No. 284736 Company registration No. 1628566

We would like to thank the Trusts and Foundations below for supporting and funding our projects.



Do you like helping others?

Can you offer support
to our service users?

Would you like to receive
training to help others
overcome their barriers?

Get in touch to find
out more

SPECIALIST OFFENDER SUPPORT PROJECT FOR ADULTS IN ST HELENS & KNOWSLEY



**FREE CONFIDENTIAL 1–1 SUPPORT FOR
EX/OFFENDERS**



Can Apex Trust Help You?

Do you live in St Helens or Knowsley?

Is your conviction stopping you gaining employment?

Would you like help with disclosing your conviction?

Do you need support in finding a job, training or voluntary work?



Apex Trust offer Free & Confidential help with:

Advice on the Rehabilitation of Offenders Act

How/when to disclose your conviction

Careers advice and guidance



Information and advice on disclosure and barring service (DBS)

Support with making realistic and informed choices due to previous convictions



Volunteer Peer Mentors

- * Do you like helping others?
- * Can you offer support to our Service Users?
- * Would you like to receive training to help others overcome their barriers?

Then get in touch to find out more

A unique feature of our service will be the opportunity for participants to receive training and personal development support as *Volunteer Peer Mentors*.

So what will I gain from this opportunity?

As a peer mentor you will:-

- Make new friends & develop new skills
- Receive training and complete an accredited Level 2 qualification in Peer Mentoring Skills
- Have experience to include on a CV and hands on work experience
- Improve your confidence and self-esteem

